



THE HARBOUR

STARTERS

HALLOUMI FRIES ^{GF}£11
Halloumi, Asian sauce, chopped dill

CHILLI POPPERS£11
Jalapeño peppers fried in tortilla breadcrumbs, cream cheese, mint yoghurt

CRISPY CALAMARI ^{GF}£11
Fried Calamari with Aioli and cracked black pepper

HOT HONEY CHICKEN WINGS£12
Served with chilli jam

CAJUN PRAWNS ^{GF}£12
Battered prawns, cajun spice, satay sauce

SEAFOOD COCKTAIL£13
Mixed seafood with prawn Marie Rose sauce - with home baked baguette

CLAM CHOWDER£13
Creamy chowder served with crusty baguette

MOULES MARINIÈRE ^{GF}£14
Mussels, white wine, garlic butter with bread
{Why not try it spicy? with added Sriracha, Fresh Chillies & Spring onions +£1}

ROASTED SCALLOP & PRAWN ^{GF} 3 for £14
Scallop, prawn, white wine, garlic butter and breadcrumbs, served with bread

LOCAL FISH

This is our favourite part of the menu! Local fish is delivered everyday from Plymouth Fish Market so we can serve the freshest product to our customers.

Check our Specials Board for Today's Catch

^{GF} **Gluten free alternative available**
Please speak to your server regarding any allergens

MAINS

All served with unlimited Homemade Chips
For extra £4 Baby leaf salad, feta salad +£5 or avocado and halloumi salad £6

SEAFOOD MISTO ^{GF}
Trio of Local fish grilled in parsley butter with mushy peas and tartare
(Ask server for details).
£35

SCALLOP & PRAWN SKEWERS ^{GF}
Scallops, prawns, peppers & onion in parsley butter with Asian Sauce
£26

MOULES MARINIÈRE ^{GF}
Mussels, white wine, garlic butter with baguette
£25
{Why not try it spicy? with added Sriracha, Fresh Chillies & Spring onions +£2}

BURGERS

All served with chips
{Add Bacon £1.95 Cheese £0.95}

HARBOUR BURGER ^{GF}£18
Homemade Beef Burger served in a Brioche Bun with Red Onion, lolo rosso and Tomato with a side of slaw

CHICKEN BURGER ^{GF}£18
Chicken Breast served in a Brioche Bun with Red Onion, lolo rosso and Tomato with a side of slaw

THE FAMOUS SCALLOP BURGER£20
Breaded Scallops served in a Brioche Bun with Red Onion, lolo rosso, Tomato and Chilli Jam with a side of slaw

CATCH OF THE DAY BURGER£22
Breaded CATCH OF THE DAY, served in a Brioche Bun with Red Onion, lolo rosso, Tomato and Homemade Tartare with a side of slaw

Line Caught **COD FILLET** ^{GF}
Battered or grilled, mushy peas and tartare
£20
{Smaller appetite? Have a small cod instead for £16}

Line Caught **HADDOCK** ^{GF}
Battered or grilled, mushy peas and tartare
£22

VEGETABLE CURRY ^{GF}
with leeks & courgettes, basmati rice, crusty baguette & mint yoghurt
(chips not included)
£21
{Add Chicken £4 Monkfish £5}

SEABASS ^{GF}
Seabass grilled in parsley butter with mushy peas and tartare
£28

CHARCOAL GRILL

LOBSTER ^{GF}
Served with garlic butter, chips, and crusty baguette
from £54 (based on size)

RIBEYE STEAK 280g ^{GF}£38
Chargrilled Tomato, mushrooms, garden peas, peppercorn and garlic butter

RIBEYE STEAK 280g ^{GF}£86
with **SMALL LOBSTER** 600g
Served with chargrilled tomato, mushrooms, garlic butter, chips and crusty baguette

KOREAN BBQ RIBS£28
Served with chips and salad

GAMMON STEAK£23
Served with Grilled pineapple, chips & garden peas

TACO
Tortilla wraps, guacamole, salsa, breaded scallops and prawns, mint yoghurt, sriracha, spring onions and chillies
£26

{Why not try with Grilled Chicken and Bacon instead}

CRAB & CLAM CHOWDER
Crab and Clam creamy chowder, served with bread and chips topped with pinch of dill
£26

MIXED PLATTER
Spicy crab cakes, battered fish goujons, scallop & prawn skewer and calamari. With chips, aioli and tartare
£33

SALADS

All served in a Dijon dressing

FETA ^{GF}£17
Lolo Rosso, red onion, mixed peppers and cherry tomatoes with Feta topped with Oregano and Balsamic Glaze served with a Crusty Baguette

AVOCADO & HALLOUMI ^{GF} £16
Lolo Rosso, red onion, mixed peppers and cherry tomatoes with Avocado and Grilled Halloumi with a Balsamic glaze served with a crusty Baguette

SEAFOOD£20
Lolo Rosso, red onion, mixed peppers and cherry tomatoes with mixed Seafood and Prawns with a Balsamic glaze served with a side of Marie Rose and a crusty Baguette

CHICKEN & BACON ^{GF}£20
Lolo Rosso, red onion, mixed peppers and cherry tomatoes topped with Grilled Chicken Breast and Bacon with a Balsamic glaze and crusty baguette

VEGAN & VEGETARIAN

SALT & PEPPER 'SQUID RINGS' ^{GF}STARTER £13 MAIN £18
Oyster mushroom rings, red chillies, spring onions and black pepper with Asian Sauce
(Main served with chips and an Asian dip)

VEGAN FISH & CHIPS ^{GF}£19
Banana blossom, mushy peas and vegan tartare

MUSHROOM & HALLOUMI BURGER ^{GF}£18
Chargrilled mushrooms, halloumi, bap, lettuce, red onion, tomato and slaw

'MOVING MOUNTAINS' VEGAN BURGER£18
With red onion, lettuce, tomato and slaw

LUNCH SPECIALS

{Not available Bank Holidays}

£22 **THE HARBOUR SPECIAL AVAILABLE MON-FRI - 11AM - 2PM**
Large line caught cod, homemade chips, homemade mushy peas and tartare sauce, plus a pot of tea or a choice of soft drink.
Smaller appetite? Have a 'small' cod for £18

£24 **THE HARBOUR FINEST AVAILABLE MON-FRI - 11AM - 5PM**
Large line caught cod, homemade chips, homemade mushy peas and tartare sauce, 125ml glass of house wine or half a pint of Harbour Lager or Sandford Orchards cider.

£26 **THE HARBOUR LATE LUNCH AVAILABLE MON-FRI - 3PM - 5PM**
Line caught cod or haddock, homemade chips, homemade mushy peas and tartare sauce, 175ml glass of house wine or pint of Harbour Lager or Sandford Orchards cider, plus a pot of tea.

SIDES
PICKLED ONION RINGS£6
BASMATI RICE£3.95
CRUSTY BAGUETTE£3.95
GARDEN PEAS£3.75
MUSHY PEAS£3.75
CURRY SAUCE£3.75
HOMEMADE COLESLAW£3.95

SALADS Choose from
Baby leaf £4 / Feta £5
Avocado & halloumi £6

SAUCES£1
Homemade Tartare / Asian / Korean BBQ
Chilli Jam Mayo / Satay / Aioli